615-452-1912

## 2024/2025 Lunch - 10am-2:00pm

| Level One $\$ 14.00$ | All American Burger Bar <br> Grilled 100\% beef hamburgers served with appropriate condiments; choose two sides <br> Barbeque Feast <br> Pork pulled straight off the bone; choose two sides <br> Chicken Salad Croissant Plate <br> Chef Christopher's chicken salad on fresh made croissants; choose two sides <br> Grilled Pork Chops <br> Grilled and then smothered in peppers and onions; choose two sides <br> Lemon Pepper Chicken <br> Grilled with rosemary, garlic, and olive oil, topped with lemon pepper cream sauce and garnished with grilled lemons; choose two sides <br> Tuscan Chicken <br> Grilled and garnished with spinach, cherry tomatoes, mushrooms, sweet peppers \& onions, and parma rosa sauce; choose two sides <br> Sweet Ginger Pork Loin <br> Sliced and marinated in a sweet ginger sauce; choose two sides <br> Vegetable Plate <br> Choose any four side items (Not available as a 2nd entree offering) |
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| Level Two $\$ 15.00$ | Create Your Own Chef Salad <br> A buffet of vegetables, meats, cheeses, eggs and homemade croutons <br> Baked Ziti <br> Ziti pasta with chicken \& Italian sausage in a marinara sauce, topped with mozzarella; choose one side <br> Southern Style Pot Roast <br> Slow roasted with potatoes and carrots; choose two sides <br> Champagne Chicken <br> Roasted with grapes, sweet peppers and a champagne cream sauce; choose two sides <br> Chicken Fettuccini <br> Grilled chicken breast served in a garlic cream sauce; choose one side <br> Chef Carved Baron Beef ( $\mathbf{3 0}$ guest minimum) <br> Tender, slow cooked roast beef served with TN Whiskey Sauce \& creamy horseradish; choose two sides <br> Taco or Nacho Bar <br> Chicken or Beef and assorted Mexican delights; includes rice and beans |
| Executive Choices | Chicken Cordon Bleu - \$17.00 <br> Breaded chicken breast stuffed with ham and Gouda cheese; choose two sides <br> Grilled Rib Eye Steak - $\mathbf{\$ 1 8 . 0 0}$ <br> Grilled to your specifications and served with sautéed mushrooms; choose two sides <br> Petite Filet - $\mathbf{\$ 2 0 . 0 0}$ <br> Grilled to your specifications and served with mushrooms, peppers, and onions; choose two sides |

$2^{\text {nd }}$ Entrée $\$ 3.75$. Additional side item or salad, $\$ 3.00$
Lunch includes cookies or brownies as dessert, upgrade to pies and cakes for $\$ 1.50 \mathrm{pp}$. Cake cutting and serving ware provided in lieu of dessert when bringing in a licensed \& insured cake (at EPIC). Catered lunches in individual boxes (same meal for all) add \$2.00pp.
$\mathbf{\$ 1 , 2 5 0}$ minimum purchase for offsite staffed events Mon.-Thurs., \$2,000 minimum Fri. - Sun.
Offsite add \$3pp for china. Grill at your location \$150.
$10 \%$ gratuity will be added based on the food \& beverage total.

## Salads

Garden Salad: Fresh mixed greens, ripe red tomatoes, English cucumbers, black olives, pickled pepperoncini, and cheddar cheese. Served with Buttermilk Ranch and Herbed Italian.
Caesar Salad: Romaine, homemade croutons, shaved Parmesan, tossed in a creamy Caesar dressing. Fall Harvest Salad: Winter greens, red delicious and granny smith apples, candied walnuts, craisins, and fresh mozzarella cheese. Served with Cherry Balsamic Vinaigrette.
Strawberry Fields Salad: Arcadian blend greens, sliced strawberry hearts, slivered almonds, and feta cheese. Served with Strawberry Vinaigrette.

## Vegetables

Vegetable Medley - seasonal vegetables sauteed to perfection in olive oil, garlic, and thyme Vegetable Stir Fry - broccoli, bok choy, carrots, and onion sauteed with an Asian flare Oven Roasted Vegetables - asparagus, yellow squash, sweet carrots, and broccoli florets
Roasted Balsamic Glazed Vegetables - Cherry tomatoes, squash, zucchini, and carrots w/a balsamic reduction Green Beans - Southern Style, Almandine, Italian or Casserole

Candied Carrots with honey, butter and brown sugar
Squash Casserole - fresh yellow squash baked with sour cream and topped with bread crumbs
Fiesta Corn - buttered corn with green and red peppers, onions, and cilantro
Lima Beans with Sundried Tomatoes
Broccoli and Cheese - broccoli florets under an aged cheddar cheese cream sauce

## Steamed Broccoli

Corn Souffle
Buttered Corn
Buttered Peas
Cole Slaw

## Starches

Oven Roasted New Potatoes - seasoned with paprika, garlic, salt, pepper, and olive oil
Garlic Smashed Potatoes - red bliss potatoes mashed with sour cream, butter, and chives
Mashed Potatoes - Idaho potatoes creamed with butter and sour cream
Baked Potatoes served with sour cream, butter, chives, cheddar cheese, and bacon bits
Au Gratin Potatoes - choice of smoked gouda, cheddar or pepper jack cheeses
Sweet Potatoes served with butter, brown sugar, marshmallows, and cinnamon
Rosemary New Potatoes - oven roasted and seasoned with fresh herbs
Rice Pilaf - rice cooked in a root vegetable broth
Spanish Rice - sauteed with tomatoes, onions, and peppers
Mac and Cheese - choice of smoked gouda, cheddar, or pepper jack cheeses
Baked Beans - southern style with green peppers, onions, and a sweet tangy BBQ sauce
Red Beans and Rice - Louisiana style and slightly spicy
Hash Brown Casserole baked with onions, peppers and sharp cheddar cheese
Pasta Salad - steamed vegetables and tri-colored pasta tossed in an Italian dressing
Butter and Garlic Ziti Pasta
Fettuccini Alfredo - fettuccini noodles served in a garlic cream sauce
Potato Salad
Other options available on request. Additional lunch side item, \$3.00.

